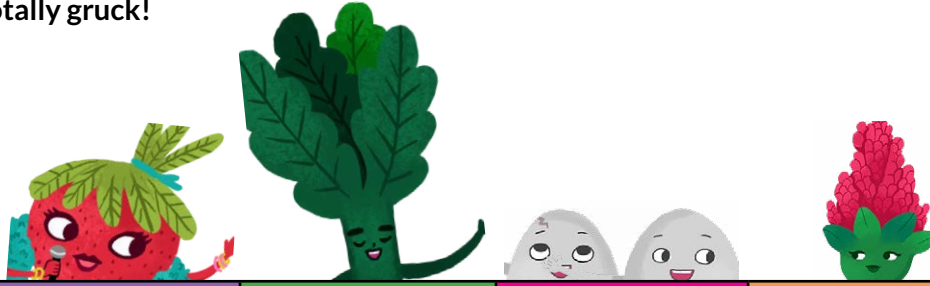


## Teddy's Taste-Test Party

Include at least one food from each food group to turn every meal into five-star favorites. Select foods from Teddy's favorites below or create your own delicious meals. Use the star system below to rate each meal.

- ★★★★★ **Totally delish!**
- ★★★★☆ **I love it.**
- ★★★☆☆ **I like it.**
- ★★☆☆☆ **I need to try it again.**
- ★☆☆☆☆ **Totally gruck!**



Meals	Fruits	Vegetables	Proteins	Grains	Star Ratings
Egg-cellent Burrito & Fruit	Strawberries	Spinach	Egg	Whole Wheat Tortilla	☆☆☆☆☆
Bodacious Rice Bowl & Fruit	Orange	Broccoli	Chicken	Brown Rice	☆☆☆☆☆
Rollin' Berry Oats & Veggies	Blueberries	Carrot Sticks	Milk	Oats	☆☆☆☆☆
Rockin' Radish Wrap & Fruit	Plum	Radishes	Hummus	Whole Wheat Pita	☆☆☆☆☆
Gobble Gobble Pasta & Fruit	Apple	Tomato	Ground Turkey	Whole Wheat Pasta	☆☆☆☆☆
Quinlicious Salmon & Fruit	Pineapple	Mushrooms	Salmon	Quinoa	☆☆☆☆☆