



A Magazine for Active Adults

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*an anchor
of the downtown*

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FOR THE GRANDKIDS: HOLIDAY GIFT GUIDE

*Looking for inspired gifts? These items are fun, functional and educational. So, get shopping.
The holidays are almost here!*

1 BE PART OF THE STORY

Physical and virtual worlds combine with the launch of *Storied Myth*, which combines a reading app for 6- to 10-year-olds with physical mailings subscribers receive in the mail. *Storied Myth* allows children to become a part of the story as they solve the puzzles and bring additional elements of the story to life by revealing clues in the ongoing adventure story, set in the fantasy world of Pangea. The characters come from diverse backgrounds, and they make mistakes and learn lessons. Once the reader registers online, he or she will get the first piece of the adventure kit in the mail to help solve the first puzzle. As a paid subscriber, readers will receive a new part of the adventure kit each month.

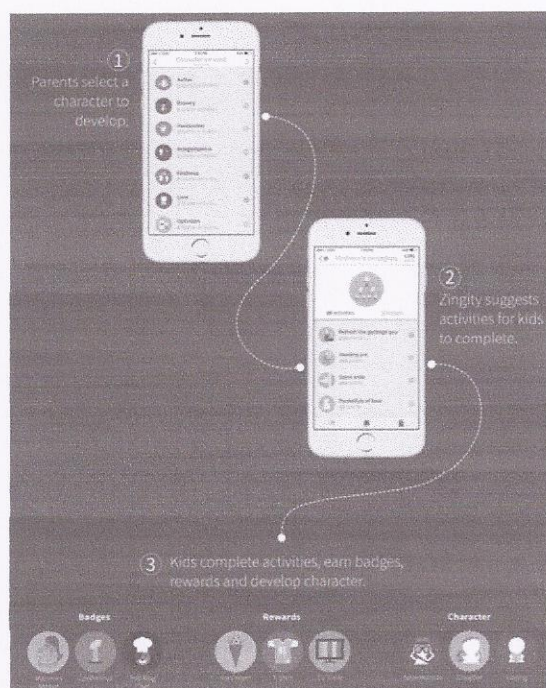
App is free, ongoing plan is \$9.99 per month; storiedmyth.com.



2 BUILD CHARACTER

Zingity is a new free app that supports what schools and parents are already doing to encourage children to engage in fun or creative activities that help develop more positive character traits. Using Zingity, parents can select a character trait they want to improve or build in their children. The 45 available character traits range from love, accountability, calmness, ambition, bravery, creativity, good sportsmanship, generosity and kindness to loyalty, maturity, patience, respect and more. Once a trait is selected, Zingity recommends activities that will support that character trait. Each activity pack features a description of which character trait will be built and a preview of the ideas, Zingers (activities), rewards and badges associated with it.

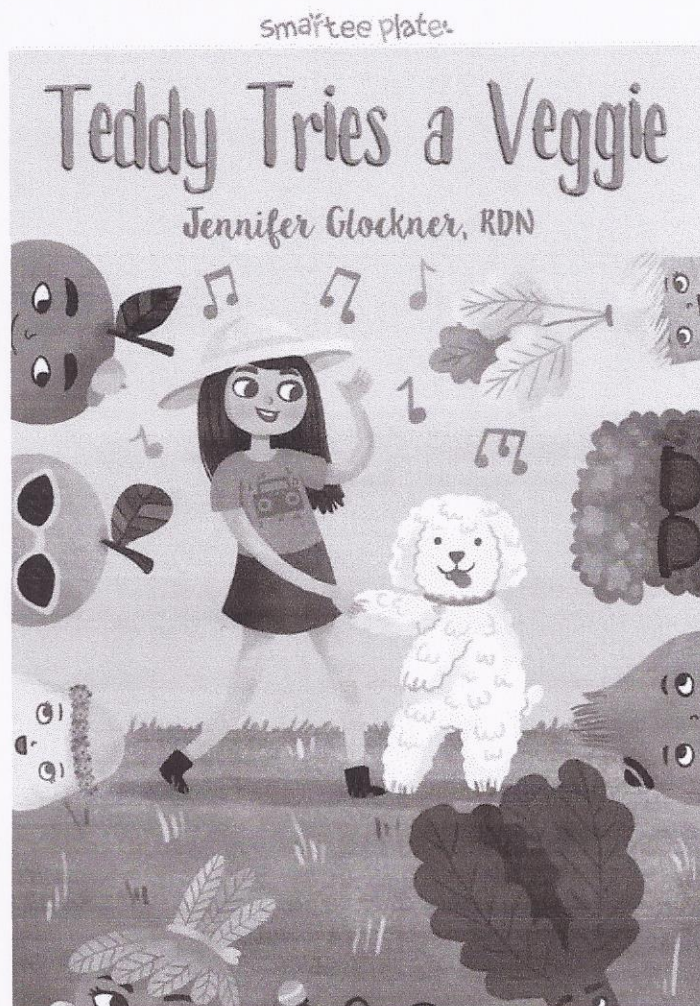
Free app, activity pack prices vary; leapspring.com.



9 TRY A VEGGIE

A 2013 Stanford study concluded that children who read stories about food better understand what types of foods are healthy and voluntarily eat more vegetables than children who were exposed to conventional teaching. Enter the first book in the new *Smartee Plate* series by registered dietitian nutritionist, Jennifer Glockner. An interactive ebook for iPad and Kindle and geared toward children 4-8 years old, *Teddy Tries a Veggie* follows Theodora (Teddy) Rose, an “almost-six-years-old” girl who loves to garden but hates eating the vegetables she grows. But when she stumbles upon a band of fruits and veggies rocking out in her garden, she’s in for a delicious adventure. *Teddy Tries a Veggie* engages children with unique interactive elements, such as touch-and-learn icons, pop-up fun facts, silly sound effects, a drawing tool, engaging questions and a yummy recipe.

\$8.99; available on iTunes and Amazon.



10 TALK TO THE DOLL

World of Magic Toys has combined traditional pretend play with technology to create the new Ask Amy doll. Encouraging emotional and language development, Ask Amy responds to 12 verbal prompts to answer questions, provide words of inspiration and motivate children to sing along or recite a variety of poems. She also varies her responses and songs, so every play experience is unique. Each 22-inch Ask Amy doll comes with a storybook and interactive phrase list that prompts Ask Amy to respond with positive messages aimed at promoting self-esteem and empathy in children.

\$120; askamydoll.com.

